

GOOD DAY!

It's finally here, and your requests have made it happen - a day for women to focus on growing as leaders! Join us for "THERE'S A LEADER IN MY MIRROR!" – Women's Leadership Workshop.

Leadership is not a matter of position. Anyone can hold a title, but it takes a special person to be a leader. Leadership is influence, and that can be done from any position in any organization, business, home, anywhere!

If you're ready to untap your potential, release the 'leader within' and rise to the next level, come along, join the excitement!!

On this LEADERSHIP DEVELOPMENT JOURNEY,

you will discover...

- How you see yourself as a leader!
- Recognition of self-imposed barriers both physical and mental and how to release them!
- How to lead from wherever you are, regardless of position!
- The difference between male and female leadership is style NOT skill. We'll look at our own styles and learn to embrace them as the positives they are – no need to conform!
- The absolutely essential traits of all great leaders!
- Where your true leadership POWER comes from!
- Matching your style with follower maturity levels thus strengthening your ability to influence!
- How to become a leader with MO-TIV-A-TION!!
- How to recognize the high costs of leadership, their affects on you and move forward regardless – all while staying true to who you are!
- Most important? A plan for the application of learned material and increasing your own level of personal and professional fulfillment!
- **SPECIAL COMPONENT: How to lead through trying economic times!**
- ALL THIS AND NETWORKING OPPORTUNITIES TOO!!

I'm looking forward to seeing you!

WOMEN'S LEADERSHIP WORKSHOP REGISTRATION FORM

I will be attending the following workshop (check one):

South Shore, Tuesday, June 9th, 2009 (Bridgewater) (deadline for registration Monday, June 1st)

Valley, Tuesday, June 16th, 2009 (Wolfville) (deadline for registration Monday, June 8th)

Name: _____ Title: _____

Organization: _____

Mailing Address: _____

Phone: _____ Email: _____

Payment enclosed via cheque money order Visa/Mastercard accepted online at www.moodcoaching.com

WORKSHOP DETAILS

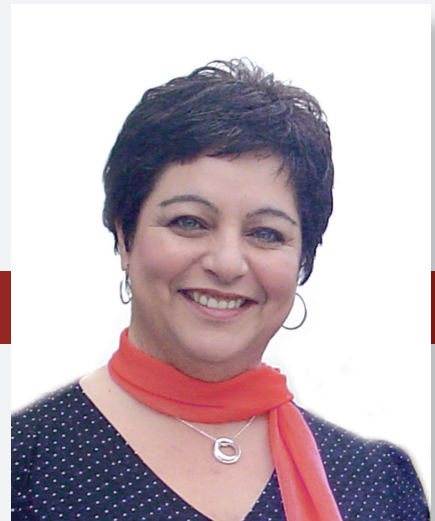
DATE/TIME: South Shore, Tuesday, June 9th, 2009
Days Inn, 50 North Street, Bridgewater 8:30-4:30
Valley, Tuesday, June 16th, 2009
Old Orchard Inn, Wolfville 8:30-4:30

WORKSHOP SCHEDULE

8:15 - 8:30	Come early to meet, greet & network!
8:30 - 10:00	Introduction & Session 1
10:00 - 10:20	Break
10:20 - 12:00	Session 2
12:00 - 1:00	Lunch on site
1:00 - 2:30	Session 3
2:30 - 2:50	Break
2:50 - 4:00	Session 4
4:00 - 4:15	Wrap up

WORKSHOP TECHNIQUE

This workshop is practical in nature and targets the leadership and motivational needs of participants. Learning takes place and information is given through a combination of PowerPoint presentation, lecture, personal and group exercises and much more! The environment is very informal, interactive, participatory and fun. You need only bring an open mind and a sense of humor!



WORKSHOP LEADER

Pam is an award-winning speaker whose dynamic, energetic and humorous "tell-it-like-it-is" approach is widely respected and sought after by clients. For more information on Pam, visit her website at www.moodcoaching.com

WORKSHOP FEE: \$199.50 (\$175 + HST per participant)

Group rate: send 3, 4th person free!

Fee includes: workshop, printed material, lunch onsite!

PAYABLE TO: Mood Coaching & Consulting

For more information contact Pam at:

pam@moodcoaching.com 902-742-4265.

Mail registration to: Mood Coaching & Consulting
23 Chestnut Street Yarmouth, NS B5A 2N5

or visit us online to register!